

Please join **DR. MAO SHING NI** and **DR. KRISTI FUNK** in celebrating the release of the new book

The Best Friend's Guide to Breast Cancer-What to do if Your Bosom Buddy or Loved One is Diagnosed

by **SONJA L. FAULKNER, PH.D.**

"Friends, family, co-workers — everyone — should know that they can make a huge, positive difference in a woman's life after she's been diagnosed with breast cancer," said Faulkner. "The healing power of social support is truly extraordinary."

The Guide coaches friends and loved ones through all phases of the illness, including what a woman may be thinking, what you should (and shouldn't) say to her, suggestions for meaningful acts of kindness and gift ideas. It includes medical tutorials for each phase of the illness, including diagnostic tests, treatment options and medical maintenance. A "Food is Medicine" chapter touts 13 super cancer-fighting foods with preventive and healing properties.

A portion of proceeds from sales of the book are going to support Dr. Kristi Funk's **PINK LOTUS PETALS**, a non-profit which provides free screening, diagnosis, surgical treatment and post-surgical treatment to women who are medically uninsured and are unable to pay for such care on their own behalf due to financial hardship, socio-economic circumstances and other emergencies.

TALK, TASTE & BOOK SIGNING EVENT

Thursday, October 11, 2012 | 7:00 - 9:00 pm



Learn how to best provide the much-needed support to a diagnosed friend or loved one, the best cancer care treatments available and how to incorporate integrative cancer care therapies from traditional Chinese medicine.

THE WELLNESS LIVING STORE

1412 14th Street | Santa Monica | CA | 90404
Please RSVP to 310-260-0013

Refreshments will be served, including recipes from the book featuring super cancer-fighting foods.



WIN a Jane Iredale Mineral Cosmetics Beauty Pack for yourself or a loved one!

FEATURED SPEAKERS:

DR. KRISTI FUNK, board-certified surgical breast specialist and founder of the Pink Lotus Breast Center in Beverly Hills, is an expert in minimally-invasive diagnostic and treatment methods for all types of breast disease. She has helped thousands of women through breast cancer treatment, including well-known celebrities, like Sheryl Crow, who have turned to her for her expertise.

Former Director of Patient Education at Los Angeles' Cedars-Sinai Breast Center, Dr. Funk opened her own facility, the Pink Lotus Breast Center, as the country's first female-owned, female-run and fully integrative breast center in March 2009. The Pink Lotus Breast Center fuses state-of-the art screening, diagnosis and treatment with preventive strategies and holistic, compassionate care.

DR. SONJA L. FAULKNER, PH.D., *Breast Cancer Survivor*

The love and support of friends and family sustained Sonja during her breast cancer diagnosis in 2009, and subsequent months of treatment. She recognized, however, that fear and nervousness, as well as not knowing what to say or do, prevented some friends from reaching out. Intrigued by the wide range of responses to her diagnosis, Sonja decided to write a one-stop resource to coach friends and loved ones through all phases of a breast cancer illness. Her goal is to help inspire the remarkable healing power of social support—and to remind everyone that even the simplest gestures can make an extraordinary difference in a friend's life.

Born and raised in Maine, Sonja earned her psychology degrees from Northeastern University (B.A.), Central Michigan University (M.A.), and the University of Toledo (Ph.D.). She works as a market research and strategy consultant and lives in Los Angeles with her husband and young son. Now in recovery, Sonja's friends and loved ones continue to fill her heart with their generous spirit.